



Dear Achiever,

To navigate from one place to another you must have two vital pieces of information:

1. where you are currently
2. where you want to go

Remember, unless you have a realistic picture of where you are now and a clear picture of what you want to achieve, it will be challenging to get there. This document will provide you with a short self-assessment to help you realize your current state of success and what success looks like to you.

For best results, be honest with yourself when assessing your reality. At the end of the assessment, describe your "10" or BEST LIFE in detail for each holistic area, as this will give you your target for success.

Sincerely,

Team Achieve

Created by Achieve Potential Inc., learn more about our work at [achievetpotential.ca](https://www.achievetpotential.ca)

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# SELF-DISCOVERY

The Achieve Index™

To help you understand your current state of success, please answer the following:

Name

Date

1. What are your top 3-5 values?

Check one circle according to your assessment

2. How are your life choices aligned to your values listed above?

1  2  3  4  5  6  7  8  9  10

Not Aligned

Completely Aligned

3. Overall, how successful do you currently feel?

1  2  3  4  5  6  7  8  9  10

Very Unsuccessful

Extremely Successful

4. In your professional/business life, how successful do you currently feel?

1  2  3  4  5  6  7  8  9  10

Very Unsuccessful

Extremely Successful

5. In your personal life, how successful do you currently feel?

1  2  3  4  5  6  7  8  9  10

Very Unsuccessful

Extremely Successful



6. How happy do you currently feel?

1 2 3 4 5 6 7 8 9 10

Very Unhappy

Extremely Happy

7. I know exactly what I need to do to improve my current success and happiness.

1 2 3 4 5 6 7 8 9 10

No Clue

Absolutely

8. I have the knowledge and skill to improve my current success.

1 2 3 4 5 6 7 8 9 10

No Clue

Absolutely

On a scale from 1-10, rate where you are right now, in each of the following 5 areas:





# SELF-MASTERY ACTION

Think about your dreams, what would a “10” look like in each of the five key areas. Remember to reflect on your where you’re at now, and take into consideration your core values as you develop your “10”.

Spiritual

Wellness

Relational

Career

Financial