



BEST LIFE STATEMENT

Our Best Life is a vision we have for ourselves. It is how we want to live and what our life would look like if we were achieving everything we desire.

Looking at your Core Values and your 5 Holistic Area goals, create a sentence that embodies what your life would look and feel like if everything was perfect in your life. What is your "pinch me I must be dreaming" life?

Boiling it down to just one or two sentences will guide us in making GOOD decisions toward our success.

MY STATEMENT